



Leicester health, care & wellbeing delivery plan 2022-27

Overview

The Leicester health, care and wellbeing delivery plan has been designed to improve future health outcomes of the people of Leicester. It sets out high-level priorities that local health and care organisations will work together on over the coming years.

We want to hear your view on which sections of the plan should be given priority over the next few years.

Are you responding as...

Please select only one item

- A health and social care member of staff
- A member of the public
- A representative of a community group or other organisation
- A service user
- Other

If Other, please specify

If 'A representative of a community group or other organisation', please specify

What is your home / work postcode? (as appropriate)

Please note: we collect postcode data to gain a better understanding of which parts of the city / county respond. We cannot identify individual properties or addresses from this information.

Background information

From April 2022, NHS services will be arranged through an **Integrated Care System (ICS)**, a partnership of local health and care organisations, including local authorities, that jointly plan and deliver services to improve the health and wellbeing of people who live and work in the area.

Our local ICS will cover Leicester, Leicestershire, and Rutland. Each of these local authorities will be expected to:

Develop a collective approach to improve residents' health and wellbeing.

Focus on prevention and address the wider impact of poor health and wellbeing to reduce the overall need for care and support. This includes the impact of the physical environment and neighbourhood people live in, as well their social and financial circumstances.

Address local health inequalities. These include unfair differences in health between different groups of people. Health inequalities concern not only people's health but also the differences in care they receive and the opportunities people have to lead healthy lives.

Proposed priorities

We have identified priorities based on five strands within the current Leicester City Joint Health and Wellbeing Strategy. Within each strand we have aimed to identify a small number of key priorities.

We have considered feedback from what people in the city have told us about what is important to them and focused on priorities that partnership working across local health and care organisations can improve one or several the following areas:

Reduce health inequalities
Improve access to services
Address unjustified differences in health outcomes
Strengthen joint working between health, care, and wellbeing services.

We have aimed to create a balance of health, care, and wellbeing priorities, while also delivering a balance of priorities that require improvement through a city-wide approach as well as some which require more local services to be delivered at neighbourhood level.

We have set the priorities within five themes:

Healthy Places

Improving the built environment to support people's long term health and wellbeing
Improving access to primary and community health and care services
Supporting a move towards a carbon neutral city
Creating mental health and dementia friendly communities within Leicester

Healthy Start

Give every child the best start in life by focusing on the critical 1,001 first days of life
Making sure children are ready to play and learn
Mitigating the impacts of poverty on children and young people
Empowering health self-care in families with young children

Healthy Lives

Reducing levels of unhealthy weight across all ages
Increasing early detection of heart and lung diseases and cancer in adults
Promoting independent living for people with long term health conditions
Improving support for carers

Healthy Minds

Increasing access for children and young people to mental health and emotional wellbeing services
Improving access to primary and neighbourhood level mental health services for adults
Reducing social isolation in older people and adults
Work towards having no deaths from suicide in the city

Healthy Ageing

Enabling Leicester's residents to age comfortably and confidently
Promoting independence for frail older people
Reducing the number of falls for people aged 65+ in Leicester

Do you think we have got these high-level priorities about right?

Please select only one item

- Yes
 Partially
 No

Is anything missing in terms of priorities / issues we need to address

Which of these priorities do you think are the most important to progress in the next couple of years?

(Please select your top five)

Please note: If you select more than five, we will only count the first five from the top down)

- Improving the built environment to support people's long term health and wellbeing
- Improving access to primary and community health and care services
- Supporting a move towards a carbon neutral city
- Creating mental health and dementia friendly communities within Leicester

- Give every child the best start in life by focusing on the critical 1,001 first days of life
- Making sure children are ready to play and learn
- Mitigating the impacts of poverty on children and young people
- Empowering health self-care in families with young children

- Reducing levels of unhealthy weight across all ages
- Increasing early detection of heart and lung diseases and cancer in adults
- Promoting independent living for people with long term health conditions
- Improving support for carers

- Increasing access for children and young people to mental health and emotional wellbeing services
- Improving access to primary and neighbourhood level mental health services for adults
- Reducing social isolation in older people and adults
- Work towards having no deaths from suicide in the city

- Enabling Leicester's residents to age comfortably and confidently
- Promoting independence for frail older people
- Reducing the number of falls for people aged 65+ in Leicester

Progressing the priorities

We have identified several additional guiding principles that partners should adhere to in progressing improvements over the coming years:

Ensure that improving health and wellbeing is at the forefront for communities or groups of people who are known to have had poorer health outcomes in the past

Build on feedback received from the people of Leicester on what is important to them in terms of health and care services

Take a strengths-based approach to build on existing community resources and services that are currently in place

Look at every opportunity for collaborative delivery of priorities with voluntary and community organisations at either a city-wide or neighbourhood level.

Do you have any comments on these additional guiding principles?

For example, is anything missing, or needs to be changed?

Equality monitoring

Ethnic background:

Please select only one item

- Asian or Asian British: Bangladeshi
- Asian or Asian British: Indian
- Asian or Asian British: Pakistani
- Asian or Asian British: Any other Asian background
- Black or Black British: African
- Black or Black British: Caribbean
- Black or Black British: Somali
- Black or Black British: Any other Black background
- Chinese
- Chinese: Any other Chinese background
- Dual/Multiple Heritage: White & Asian
- Dual/Multiple Heritage: White & Black African
- Dual/Multiple Heritage: White & Black Caribbean
- Dual/Multiple Heritage: Any other heritage background
- White: British
- White: European
- White: Irish
- White: Any other White background
- Other ethnic group: Gypsy/Romany/Irish Traveller
- Other ethnic group: Any other ethnic group
- Prefer not to say

If you said your ethnic group was one of the 'Other' categories, please tell us what this is:

Age:

Please select only one item

- under 18
- 18 - 25
- 26 - 35
- 36 - 45
- 46 - 55
- 56 - 65
- 66+
- Prefer not to say

Sexual orientation. Do you consider yourself to be ...

Please select only one item

- Bisexual
- Gay / lesbian
- Heterosexual / straight
- Prefer not to say
- Other (please specify)

Disability

The Equality Act 2010 defines a person as disabled if they have a physical or mental impairment which has a substantial and long-term effect on their ability to carry out normal day-to-day activities and has lasted or is likely to last for at least 12 months. People with HIV, cancer, multiple sclerosis (MS) and severe disfigurement are also covered by the Equality Act.

Do you consider yourself to be a disabled person?

Please select only one item

- Yes
 No
 Prefer not to say

If you have answered 'Yes' to the above, please state the type of impairment that applies to you. People may experience more than one type of impairment, in which case you may need to tick more than one box. If none of the categories apply, please tick 'Other' and state the type of impairment.

Please select all that apply

- A long standing illness or health condition such as cancer, HIV, diabetes, chronic heart disease, or epilepsy
 A mental health difficulty, such as depression, schizophrenia or anxiety disorder
 A physical impairment or mobility issues, such as difficulty using your arms or using a wheelchair or crutches
 A social / communication impairment such as a speech and language impairment or Asperger's syndrome / other autistic spectrum disorder
 A specific learning difficulty or disability such as Down's syndrome, dyslexia, dyspraxia or AD(H)D
 Blind or have a visual impairment uncorrected by glasses
 Deaf or have a hearing impairment
 An impairment, health condition or learning difference that is not listed above (specify if you wish)
 Prefer not to say
 Other

How would you define your religion or belief?

Please select only one item

- Atheist
 Bahai
 Buddhist
 Christian
 Hindu
 Jain
 Jewish
 Muslim
 Sikh
 No religion
 Prefer not to say
 Other

What is your sex?

Please select only one item

- Female
 Male
 Prefer not to say

Is your gender identity the same as your sex registered at birth?

Please select only one item

- Yes
 No
 Prefer not to say

If No, what term do you use to identify your gender? (leave blank if prefer not to say)

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