**LEICESTER CARERS SUPPORT SERVICE**

**DECEMBER 2020 SESSIONS**

**For further information please contact the team:**

**On 0116 2220538 OR email** **carers@ageukleics.org.uk**

Each session is designed to offer an informal carer guidance on all aspects of their caring role whether at the beginning of their caring journey or are a long-term carer.

We offer a mixture of activities: quizzes, bingo, craft work & topical discussions.

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| **DAY** | **TIME** | **VIRTUAL CARERS CAFES’ VIA ZOOM!** |
| **ALTERNATIVE MONDAY’S** |  **11am****(40 minutes)****Zoom****Session** | **Virtual Carers Café via ZOOM!** Please join us for a virtual cup of tea or coffee and chat, you just need access to the Internet via a phone, computer, tablet or an iPad.**To register your place on the Zoom session with us: -****Call 0116 2220538 or email** **carers@ageukleics.org.uk** |
|  **EVERY****TUESDAY** |  **2pm****(40 minutes)****Zoom** **Session** | **Virtual Carers Café via ZOOM!** Please join us for a virtual cup of tea or coffee and chat, you just need access to the Internet via a phone, computer, tablet or an iPad. **To register your place on the Zoom session with us: -****Call 0116 2220538 or email** **carers@ageukleics.org.uk** |
| **EVERY****WEDNESDAY** | **11am****(40 minutes)****Zoom** **Session** | **Virtual Carers Café via ZOOM!** Please join us for a virtual cup of tea or coffee and chat, you just need access to the Internet via a phone, computer, tablet or an iPad. **To register your place on the Zoom session with us: -****Call 0116 2220538 or email** **carers@ageukleics.org.uk** |
| **THURSDAY** **3rd** **DECEMBER**  | **EARLY EVENING SESSION****5.20PM****(40 MINUTES)** | **Virtual Carers Café via ZOOM!** Please join us for a virtual cup of tea or coffee and chat, you just need access to the Internet via a phone, computer, tablet or an iPad. **To register your place on the Zoom session with us: -****Call 0116 2220538 or email** **carers@ageukleics.org.uk** |
| **WEDNESDAY****16TH****DECEMBER**  | **(40 minutes)****Zoom** **Session** | ***‘Christmas Celebrations’ WITH VIRTUAL BINGO!!***Carers Café via ZOOM! Please join us for a virtual cup of tea or coffee and chat, you just need access to the Internet via a phone, computer, tablet or an iPad. **To register your place on the Zoom session with us: -****Call 0116 2220538 or email** **carers@ageukleics.org.uk** |

\*PLEASE NOTE VIRTUAL CARERS CAFÉ WILL RESUME ON JANUARY 4TH, 5TH & 6TH\*